



The Through Care Service in East Sussex

A Guide for Under 18's

East Sussex
County Council



Welcome to the Through Care Service, we look forward to working with you.



In this guide you will find out about the support and services which will be available to you whilst you are under the age of 18 and under the responsibility of East Sussex County Council.

So what you can expect from us while you are under 18?

- You will have an allocated Social Worker who will act as your Personal Advisor as well.
- Your views and feelings will be put together in a Pathway Plan which will be updated at least every 6 months; the written document will also provide information about your current circumstances and your plans and goals for the future.
- If it is likely that you will need additional support as an adult we will ensure that Adults Social Care are aware of your situation.
- If you are an unaccompanied asylum seeking young person, you will be provided with support to ensure that your application with the Home Office is processed and reviewed.

Health

- You will be encouraged to engage in your annual health review and you will be supported to attend health appointments.
- The support of a specialist Mental Health Practitioner will be available to you if necessary.

Financial Support

- If you are not living in foster care or a residential placement you will be provided with a living allowance, in line with benefit rates, this will enable you to buy food and other essentials.
- You will also receive a small clothing allowance which will be available twice a year. Please ask your Social Worker for details of the current rates of these payments.

Education and Training

- You will also have an allocated case worker from the Virtual School.
- You will be supported to stay in education or training and a PEP will be completed twice a year.

Accommodation

- You will be supported to continue to live with your foster carers or in your residential placement. If this is no longer possible or no longer what you want, you will be provided with suitable alternative accommodation and this will be paid for by the Through Care Service.
- You will be supported in making contact arrangements with your family members and these arrangements will be regularly reviewed and if appropriate consideration may be given to the possibility of you returning to live with family members.
- If applicable the possibility of 'staying put' when you are 18 will be discussed with you and your carers.

What we ask of you...

- To attend meetings including your LAC reviews and meet regularly with your allocated Social Worker.
- To let your Social Worker know what support you need and how they can assist you.
- To be involved in your Pathway Plan.
- To take part in life skills training to assist you in preparing for adulthood.
- To treat those who work with you and your accommodation with respect.
- Have your say about how services are delivered.